

# We need water!

The official quiz!

Have you seen and heard everything? Let's see... Will you be able to answer straight away?

Several answers are sometimes possible, otherwise it would be too easy!

**Water is essential for life.**

**Water is:**

- Flawed
- Vital
- Commonplace
- Viral

**Your body is made up of lots of:**

- Water
- Sweets
- Plastic
- Vegetables

**How can you put water back into your body?**

- By drinking
- By eating
- By having a bath
- By jumping in a puddle

**Your body loses water in all these situations, except one.**

**Which one?**

- When you sweat
- When you read
- When you breathe
- When you wee

**Can you drink sea water?**

- Yes, it's full of good things
- No, not the slightest drop, it's too dangerous!
- It doesn't matter if you just drink a tiny bit accidentally
- No, you are not a fish



# We need water!

The official quiz!

Have you seen and heard everything? Let's see... Will you be able to answer straight away?

Several answers are sometimes possible, otherwise it would be too easy!



## Complete the sentence. Water is the drink that ...

- ... is the sweetest
- ... is the healthiest for hydrating yourself
- ... is the most colourful
- ... cures chicken pox



## The water you drink:

- Allows a fish to live inside you
- Puts out the fire burning inside you
- Removes cells from your body
- Fills cells in your body



## And finally: When you drink water, this allows you to...

- |   |  |
|---|--|
| <input type="checkbox"/> ... run          | <input type="checkbox"/> ... concentrate |
| <input type="checkbox"/> ... go to sleep  | <input type="checkbox"/> ... memorise    |
| <input type="checkbox"/> ... sneeze       | <input type="checkbox"/> ... do a poo    |
| <input type="checkbox"/> ... feel healthy | <input type="checkbox"/> ... eat         |



The official quiz!

## Solutions

### Water is essential for life.

#### Water is:

Flawed

**Vital**

Commonplace

Viral

### Your body loses water in all these situations, except one. Which one?

When you sweat

**When you read**

When you breathe

When you wee

### Your body is made up of lots of:

**Water**

Sweets

Plastic

Vegetables

### The water you drink:

Allows a fish to live inside you

Puts out the fire burning inside you

Removes cells from your body

**Fills cells in your body**



### How can you put water back into your body?

**By drinking**

**By eating**

By having a bath

By jumping in a puddle

### Can you drink sea water?

Yes, it's full of good things

No, not the slightest drop, it's too dangerous!

**It doesn't matter if you just drink a tiny bit accidentally**

**No, you are not a fish**

### Complete the sentence.

**Water is the drink that ...**

... is the sweetest

**... is the healthiest for hydrating yourself**

... is the most colourful

... cures chicken pox

### And finally: When you drink water, this allows you to...

**... run**

**... concentrate**

... go to sleep

**... memorise**

... sneeze

**... do a poo**

**... feel healthy**

**... eat**